

# SALT & LIGHT



## GOING DEEPER AT HOME

### MARCH 20: BE SALTY

I think it's safe to say we all want to make a difference, to influence others, and history is filled with people who lived their life in such a way that change happened. For some it was a deliberate choice to make a difference and for others it was just who they were and eventually change took place. After teaching about who is blessed in the Kingdom of Heaven, Jesus makes two statements about what it means to live in the Kingdom of Heaven, that we are to influence the world around us. In part one of this series we look at what it means to be salty.

### SCRIPTURE:

Matthew 5:13

### GOING DEEPER QUESTIONS:

1. Who is someone in your life that has influenced you in your faith journey?
2. What is something from the message that stood out to you, was new to you or challenged you?
3. One of the uses for salt in the ancient world was as an antiseptic. How would salt bring healing & what does it look like for us to bring healing into our sphere of influence?
4. A second use of salt is preservation. How does salt preserve and what does it mean for us to bring preservation? What are we preserving?
5. The third use of salt is flavouring. How does salt bring flavour and what does it mean for us to bring flavour?
6. How do we end up losing our saltiness? What does it mean if we as Christians or the church lose our saltiness and are trampled underfoot?
7. Where is the Holy Spirit inviting you to bring healing, preservation or flavour?