

# THIS IS THE WAY



## GOING DEEPER AT HOME

### OCT 30: LEARNING A NEW PACE

We live in a world that values everything at a fast pace. No one has free time to sit and relax, we need to prove our worth and value through how much we do. Jesus on the other hand invites us to learn a new way of living, a new pace, one that is for the weary and heavy burdened. And in learning His way we find rest.

#### SCRIPTURE:

Matthew 11:25 - 30

#### GOING DEEPER QUESTIONS:

1. Is the pace of your life like a turtle or a jackrabbit? Explain why.
2. What is something from the message that stood out to you, was new or challenged you?
3. Respond to the statement "being a disciple means learning to live at Jesus' pace." Who or what has influenced the pace you live at?
4. In verse 28 Jesus invites the "weary & those who carry heavy burdens" to come to Him. How does this compare & contrast to the rabbis of His day?
5. Being weary is a result of external forces pushing in on us & carrying heavy burdens is a result of our own choices. Which one tends to describe you & your life the most? Why?
6. A yoke is a piece of work equipment, not something that symbolizes rest. So in what way does Jesus' yoke lead to rest for you? What does this rest look like?
7. A rabbi's yoke was his way of living life based on his understanding of the Torah. Read verses 25 - 27. What does this tell us about Jesus' yoke.
8. Read verse 29 again. Jesus invites us to "take my yoke," pointing out that it is our choice, He does not force His way on us. Why is this important or how do you respond to this?
9. What step(s) is the Holy Spirit inviting you to take as you take up Jesus' yoke?