

NOT NORMAL



GOING DEEPER AT HOME

JANUARY 23: A BROKEN HEART

Ever think about death? While death is inevitable for all of us, it is safe to say this is one topic we don't spend a lot of time and energy on. Whether it's the death of a person, a dream, a job, or something else, we avoid it because the death leads to a broken heart, it leads to pain. But Jesus speaks into death, into the broken heart, revealing an invitation for us to embrace the sorrow and the grief, and that as we embrace it we discover that God comforts us with His presence.

SCRIPTURE:

Matthew 5:4

GOING DEEPER QUESTIONS:

1. What are some kinds words you hope will be spoken at your funeral?
2. What is something from the message that stood out to you, was new to you or challenged you?
3. What is a loss that you have mourned? What made this loss so impactful? Be careful not to compare your loss to someone else's, all loss is impactful.
4. Read Ecclesiastes 7:2 - 4. What is Solomon telling us about sorrow? Would you say you embrace sorrow? Why or why not?
5. To comfort means "close, beside." Konrad used the example of how at the 1992 Summer Olympics runner Derek Redmond's dad came alongside him after he tore his hamstring. How has/does God do this with you?
6. "Blessed are those who mourn" seems to follow a progression from "blessed are the poor in spirit." If this is the case, why would Jesus do this?
7. What we are to mourn the most is our own sin. What does it mean to mourn our sin? How does God comfort us when we mourn our sin?
8. What step is the Holy Spirit asking you to take right now to drop the balls and trust God?